



# +FITBENCH+

NEATLY DESIGNED TO HOLD THE INTENSITY

**MFP**  
MEFITPRO

WORLD CLASS FITNESS SOLUTIONS: MIDDLE EAST DISTRIBUTOR

✉ [INFO@MEFITPRO.COM](mailto:INFO@MEFITPRO.COM) ☎ +971 4 323 3232 🌐 [WWW.MEFITPRO.COM](http://WWW.MEFITPRO.COM)



# INTRODUCING FITBENCH

The FITBENCH® is a market leading solution for group fitness studios, performance facilities, small group training spaces in gyms, hotels or apartment fitness centers.

Designed to keep the workout intensity high, the FITBENCH® allows quick exercise transition changes in a safe and neatly designed manner.

When using numerous pieces of equipment in a functional training class, it is difficult to keep the intensity high without leaving equipment sprayed all around the floor in a dangerous situation. Our bench is organized and fully loaded with weights and functional equipment as well as being robust and very portable.

INTENSE  
POWERFUL  
STRONG



## OUR BELIEF

HIGH INTENSITY WORKOUTS GET RESULTS FASTER!



# WHERE FUNCTION MEETS FITNESS

The FITBENCH is our signature product made out of a thick gage cold rolled steel. The FITBENCH is extremely safe, functional and durable, ready for any intense workout.

## It has the following features:

Six premium resistance bands called FITBANDS. Removable handles allow bands to be stacked together increasing weight up to 45lbs. A nylon sleeve surrounds the band making it safe and durable.

### One Slamball

15lbs (7KG)

### Six premium virgin rubber hexagon Dumbbell Sets Rubber Hexagon shaped

5, 10, 15, 20, 25, 30lbs or (2, 4, 6, 10, 12, 14KG)

### Locking feet for safe use

The FITBENCH is a three wheeled bench allowing for easy 360 degree movement and portability.

The bench top elevates to 8 different positions for exercise versatility. it features a piston slow closing top for added safety. The top itself is polyurathane injected foam for extreme durability and superior comfort. It also doubles as a plyobox.

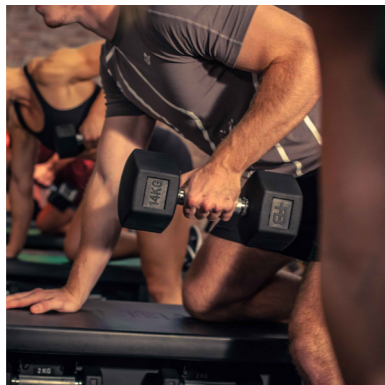
The bench has 14 different locations for attaching the FITBANDS, and another anchor point for looping through the FITROPE (battle rope)

(sold separately)

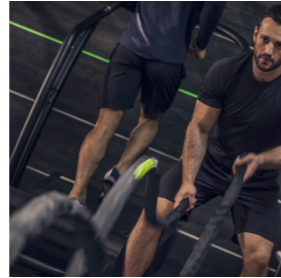
### Two vinyl dipped Kettlebells

20 & 30 lbs (12, 8KG)





# ACCESSORIES



## FITROPE

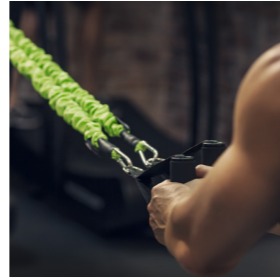
The FITROPE is a braided nylon rope that flows and oscillates much easier than any traditional battle rope.

It has a sleeve around the entire rope so it protects while making it extra durable.

### TECHNICAL

The rope is 1.5 inches thick x 30ft long and is 21lbs and easily loops through the handle on the FITBENCH

2 years warranty



## FITBANDS

Our FITBANDS were developed for fast paced HIIT workouts that incorporate lower and upper body exercises.

Each bench has six individual nylon covered bands in light, medium, and heavy resistances.

### TECHNICAL

They have removable handles for exercises using ankles and hands. Weight can be increased by stacking together

6 month commercial warranty



## DUMBBELLS

The best commercial grade Rubber Hexagon dumbbells on the market. We use virgin rubber with a mat finish to help the dumbbells stay looking new.

### TECHNICAL

The grips are of superior quality and safety as they have thicker handles to improve the users grip strength.

**Weights**  
lbs: 5, 10, 15, 20, 25, 30 or  
kg: 2, 4, 6, 10, 12, 14

2 years warranty



## KETTLEBELLS

From small group training to individual workouts, our kettlebells excel in adding variety and resistance.

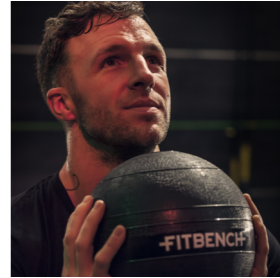
Large weight markers are easy for identification even in the darkest studio environments.

### TECHNICAL

Premium Kettlebells with a black durable vinyl coating and a smooth painted handle for superior movement.

**Weights**  
lbs: 20, 30 or  
kg: 8, 12

1 year warranty



## SLAMBALLS

Our Slamballs are designed for both static and dynamic exercises and are incredibly durable. The long lasting textured surface makes it easy to grip, hold, toss, catch and Slam into the floor over and over again.

### TECHNICAL

Our Slamballs are all black with the FITBENCH logo on them.

**Weights**  
lbs: 15 or  
kg: 7

1 year warranty



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