



WORLD CLASS FITNESS SOLUTIONS: MIDDLE EAST DISTRIBUTOR ⊠INFO@MEFITPRO.COM \$+971 4 323 3232 WWW.MEFITPRO.COM

ECHELON REFLECT TOUCH

CONNECT FITNESS MIRROR

Your perfect workout with the touch of a finger.

52" Diagonal HD Touchscreen Display

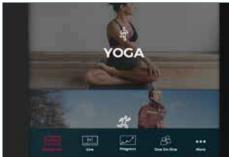
Stream live and on-demand connected fitness classes

Endless training options from world-class instructors



Advanced gym technology.

Reflect Touch by Echelon is a light weight, Smart Mirror touchscreen display that looks beautiful in any facility and comes to life with a touch.



Bring the best personal trainers to your guests.

Reflect Touch offers a unique workout experience with strength training, yoga, meditation, core, pilates, and LIVE one-on-one classes right at your fingertips.



Reflective Benefits.

BECHELON

Our reflective surface allows exercisers to view their form over the instructor for proper mechanics.

Explore thousands of live and on-demand connected fitness classes taught by industry-leading trainers for studio-quality workouts.

FULL-BODY WORKOUTS

Choose from an expansive list of workout levels and types to match your mood and goals.

UNLIMITED GUEST USERS, PER SUBSCRIPTION

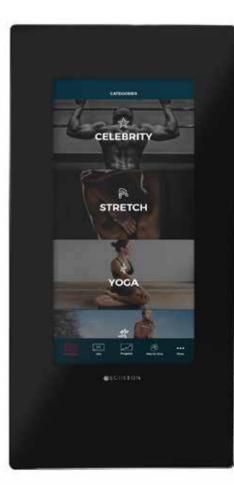
Create unlimited user profiles under one membership.

TOUCHSCREEN DISPLAY

Every user will enjoy the simplicity of the capacative touchscreen

BLUETOOTH® TECHNOLOGY

The Echelon "Heart Track" system is compatible with Bluetooth heart rate monitors for accurate intensity tracking. Bluetooth audio may also be used for a personalized experience.





Live and On-Demand Classes Designed for Reflect

32" Embedded HD Touchscreen Display with 1080P / 60HZ

Bluetooth[®] Compatible for Audio and Heart Rate

DIY Friendly Installation & Setup

52" Diagonal Mirror made with High Quality Glass

NANO Crystal Coating and Fingerprint Resistant Glass

Simple Installation

- Plug In to 110V Power
- Connect to Wifi or Ethernet

Utilizes Heart Track[™] System with Live Updating Heart Rate Monitoring

Wall-Mounted or the Echelon Reflect Stand (sold separatly) can be used

REFLECT STAND SPECIFICATIONS

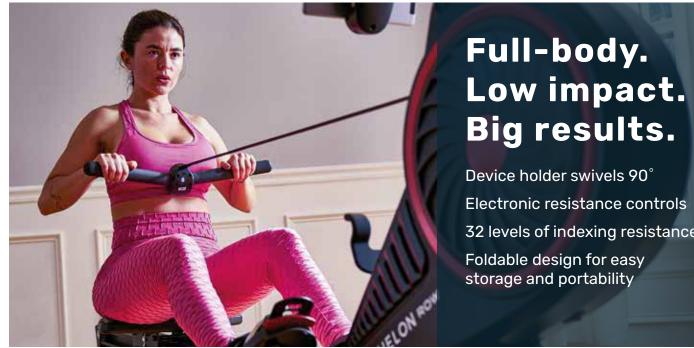
MODEL #	ECHREFL02-STAND
DIMENSIONS	27.6" x 27.6" x 58.7"
WEIGHT	57.3lbs (26kg)

REFLECT TOUCH SPECIFICATIONS

MODEL #	ECH-REFL02
MIRROR	48" x 24" mirror made with high quality glass
SCREEN	32" HD Touchscreen Display with 1080p/60hz max. resolution
DIMENSIONS	48" x 24" x 2" (121.3cm x 60.9cm x 5.08cm)
WEIGHT	52lbs (23kg)
WARRANTY	2 years parts and labor for any commercial facility

ECHELON





32 levels of indexing resistance



One seamless, continuous motion.

Comfortable seat design puts you In optimum rowing position.



Travel the world on vour Row.

Enjoy daily live and on-demand studio instruction from world-class instructors, plus on-demand scenic rides from some of the best waterways in the world.



Adjust your resistance while you row.

Features resistance controls located on handlebars, 32 levels of magnetic resistance and foldable design.

ECHELON UNITED MEMBERSHIP

Explore thousands of live and on-demand connected fitness classes taught by industry-leading trainers for studio-quality workouts from the comfort of your home.

FULL-BODY WORKOUTS

Choose from an expansive list of workout levels and types to match your mood and goals.

ONE MEMBERSHIP, FIVE USERS

Create up to five user profiles under one membership to get fit with family and friends.

ALL-ACCESS

Enjoy access to exclusive content on every Echelon product with one membership. Add Echelon products to your home gym with no additional membership cost.

WELLNESS **APP-COMPATIBLE**

Bluetooth[®] Compatible

Device Holder that Swivels 90° and Flips 180° $\,$

Motorized Resistance Controls Located on the Handlebars

32 Levels of Indexing Resistance

Comfortable Seat Design puts you in Optimum Rowing Position

Foot Platform adjusts to foot size with velcro strap to secure foot

Rail Angle of 1.7 degrees for Optimum Performance

Foldable Design for Easy Storage and Handle of Portability

SPECIFICATIONS

MODEL #	ECH-ROW
POWER	100-240V~, 50/60Hz 0.8AMax
RESISTANCE	1-32
PRODUCT DIMENSIONS IN USE FOLDED	84.6" L x 20.4" W (214.8cm x 51.8cm) 39.9" L x 20.4" W x 60.6" H (101.3cm x 51.8cm x 153.9cm)
UNIT WEIGHT	108lbs (49kg)
MAX USER WEIGHT	300lbs (136kg)
WARRANTY	1 Year Parts / 1 Year Labor

ECHELON

ECHELON ROW-S

Full-body. Low impact. Big results.

Class 22" HD touch screen that rotates and flips 180° for cross-training fitness classes Electronic resistance controls 32 levels of indexing resistance Foldable design for easy storage and portability





One seamless, continuous motion.

Made for comfort and effortless movement, the Row-s seat glides effortlessly so you can focus on your workout.



Travel the world on your Row-s.

Discover and savor the world's most beautiful waterways through your rower's class 22" HD touch screen.



Adjust your resistance while you row.

The Row-s features a toggle on the handlebar so you can modify the resistance level without skipping a stroke.

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WELLNESS APP-COMPATIBLE

Live & On-Demand Fitness Classes with Pro Coaches On and Off the Rower

Global Leaderboard with Great, Licensed Music to Keep You Rowing

Class 22" HD Touch Screen Display

32 Levels of Resistance for all Fitness Levels

Built-In Speakers & Bluetooth® Audio

Easy In / Out Foot Straps for Cross-Training Workouts

VOISHO

Silent Magnetic Resistance to easily hear the Class Instructor and Music

Quick, Easy Resistance Adjustment for Following Class Instruction

Toggle Thumb resistance controls on the handlebar

Dozens of Virtual Rowing Experiences to Tour the World

MODEL #	ECH-ROW-S
POWER	110V AC Includes Power Switch on Front Frame
INTERNET CONNECTION	WiFi / Ethernet (Port at Front of Frame)
TOUCH SCREEN	Class 22" HD Touch Screen with 180 Pivot Adjustment
RESISTANCE	32 Levels with Adjustment Toggle Control on Handlebar
AUDIO FEATURES	Built-In Speakers Bluetooth® Audio
ADJUSTABILITY	Foot Platform Adjusts to Foot Size (6 Increments)
PRODUCT DIMENSIONS IN USE FOLDED	85" L x 24" W (216cm L x 61cm W) / Seat Height: 18" (46cm) 48" L x 24" W x 69" H (122cm L x 61cm W x 175cm H)
UNIT WEIGHT	108lbs (49kg)
MAX USER WEIGHT	350lbs (159kg)
WARRANTY	1 Year Parts / 1 Year Labor Home Use

ECHELON STRIDE

Cardio redefined.

Folds to just 10 Inches!

Max Speed of 12 MPH and Max Incline of 10%

Integrated Handlebar Heart Rate Sensors

Patented Auto-Fold Feature with Built-In Transport Wheels





Let the Echelon Stride do the work.

Once you place the console and handlebars in position, simply press the lever and watch the treadmill take care of the rest.



Maneuver with ease.

Lightweight design and built-in wheels make it easy to move and store the Echelon Stride wherever, whenever.



The ultimate space-saver.

Just 10-inches deep when folded, the Echelon Stride can be discreetly stored in any size space.

ECHELON UNITED MEMBERSHIP

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FULL-BODY WORKOUTS

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WELLNESS APP-COMPATIBLE



Folds to just 10 inches! Uses Patented Auto-Fold Feature with Built-In Transport Wheels that Provide Horizontal and Vertical Portability and Easy Storage

Bluetooth® Connectivity to Echelon United App with Live and On-Demand Treadmill Classes

USB Charging Port

Integrated Handlebar Heart Rate Sensors Displays in Classes and Display Panel

Live & On-Demand Classes with Certified Instructors on the Echelon[™] Fit App

Running Deck Size: 20" x 55"

Built-In Steel Handle for Portability

Max Speed of 12 MPH and Max Incline of 10%

Generous Side Steps for Convenient Step-Off

Safety Stop Lanyard

SPECIFICATIONS

CONSOLE & TECHNOLOGY

MODEL #	ECH-STRIDE-ST1	-	PROGRAMMED Work-Outs	8
VOLTAGE	110V	L	ED READOUT	Pulse, Distance,
INCLINE	12 Levels / Max Incline 10%			Incline, Time, Speed, Calorie Burn
MIN SPEED	0.5 MPH	U	JSB CHARGER	2.0 amps
MAX SPEED	12 MPH	s	SPEAKERS	2 WATT x 2
MOTOR	1.75 Continuous power, Energy Efficient Brushless DC Motor	B	BLUETOOTH	Echelon Fit™ App access for live streaming and On-Demand content
RUNNING SURFACE DIMENSION	55″ x 20″ (139.7cm x 50.8cm)	_	WATER BOTTLE HOLDERS	2
PRODUCT DIMENSIONS IN USE	69.3" x 31" x 49.2" (176cm x 78.7cm x 124.9cm)		SMART PHONE HOLDER	1
FOLDED	69.3" x 31" x 10.25"	-	SECURE TABLET HOLDER	1
UNIT WEIGHT	(176cm x 78.7cm x 26cm) 156lbs (70.8kg)	V	WARRANTY	1 years parts 1 years labor Home use
MAX USER WEIGHT	300lbs (136kg)			Home use
DECK SUSPENSION	Frame-balanced elastomer for impact absorption			
SAFETY STOP	Safety Stop Lanyard			

CONNECT SMART BIKE

From the studio, straight to your home.

Device mount holds up to 12.9" tablet and flips 180°

Fixed-position ergonomic handlebars

Seat-mounted dumbbell rack

Competition-style seat with 6" adjustment lever





Transforming workouts into experiences.

Reach your riding goals without leaving your home with our live and on-demand classes.



Power-up your ride.

Reach your riding goals without leaving your home with our live and on-demand classes.



Made to pedal the extra mile.

Incorporate strength-training and cross-training into your ride at any time with easy-to-reach weights.

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WELLNESS APP-COMPATIBLE



Live Studio Fitness from the Comfort of Home

Daily Live, Scenic, and Thousands of On-Demand Classes Available

30+ Accredited World-Class Trainers including Guest and Celebrity Instructors

Powered by the Echelon Fit[™] App

Bluetooth® Compatible

Bullhorn-style Handlebars

180° Adjustable Console

Front Wheels for Mobility

32 Levels of Indexing Resistance

Dual-Sided SPD Compatible Toe Cages

Competition-style Seat

Seat and Handlebar Adjustment Levers

Seat Slide Dumbbell Holders *Dumbells sold separately

MODEL #	ECHEX-3
USB	2.4A
SEAT ADJUSTABILITY	Seat Up / Down Handlebars Up / Down
DUMBBELL HOLDERS	Included (Weights Sold Separately)
PEDALS	SPD Compatible Clips and Adjustable Toe Cage
INDEXING RESISTANCE	32 Levels
PRODUCT DIMENSIONS	48" x 20" x 44"(121.9cm x 50.8cm x 111.7cm)
UNIT WEIGHT	104lbs (47kg)
MAX USER WEIGHT	300lbs (136kg)
WARRANTY	1 year Parts / 1 Year Labor

CONNECT SMART BIKE

From the studio, straight to your home.

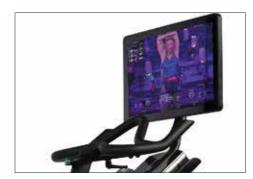
Built-in rotating 21.5" HD touchscreen

Adjustable, competition-style handlebars

Frame-mounted dumbbell rack

Competition-style seat with 6" adjustment lever





Transforming workouts into experiences.

Featuring a new rotating 21.5" HD screen, you can get lost in your workouts unlike ever before while expanding your workouts beyond the bike.



Power-up your ride.

Charge your phone or tablet while working out using two convenient power ports on the bottom-front and back of the bike.



Cycle to new heights.

An indexing resistance knob, 6" seat lever and stabilization handles are just a few of many new and improved features to enhance your performance.

ECHELON UNITED MEMBERSHIP

Explore thousands of live and on-demand connected fitness classes taught by industry-leading trainers for studio-quality workouts from the comfort of your home.

FULL-BODY WORKOUTS

Choose from an expansive list of workout levels and types to match your mood and goals.

ONE MEMBERSHIP, FIVE USERS

Create up to five user profiles under one membership to get fit with family and friends.

ALL-ACCESS

Enjoy access to exclusive content on every Echelon product with one membership. Add Echelon products to your home gym with no additional membership cost.

WELLNESS APP-COMPATIBLE

Simple Installation:

- Plug In to 110V Power
- Connect to WiFi or Ethernet
 Activate Subscription

21.5" HD Touch Screen Flips 180°

Multi-adjustable Aero handlebars

Two Handlebar Mounted Bottle Holders

Front Wheels for Mobility

32 Levels of Indexing Resistance

Dual-sided SPD Compatible Adjustable Toe Cage Pedals

Competition Style Seat

Seat Slide Mounted Dumbbell Holders



MODEL #	ECHEX-5S
POWER	Front and Rear Power Port
INTERNET CONNECTION	Bluetooth 5.0®, Wifi 802.11a/b/g/n AC, 2 x 2 Mimo Antenna
TOUCH SCREEN	1080p 21.5" HD with 10-Touch Points
TENSION	1-32 Levels
AUDIO FEATURES	Internal Mic, 2 x 3w forward facing speakers, 2 x 3.5 mm Audio Jacks
CAMERA	5MP Camera
PRODUCT DIMENSIONS	52" x 20" x 50" (132cm x 50.8cm x 127cm)
UNIT WEIGHT	124lbs (56kg)
MAX USER WEIGHT	300lbs (136kg)
WARRANTY	1 Year Parts / 1 Year Labor

CONNECT SMART BIKE

The EX-7s is perfect for...

Hotels & Resorts

Multi-Family Residential Developments

Corporate Gyms

Golf, Athletic, & Country Clubs





Fitpass Classes.

Flip the screen 180° and take advantage of thousands of classes off the bike featuring boxing, pilates, strength training, yoga, meditation, and more for ultimate versatility of your investment.



Live & On-Demand rides.

Live and on-demand rides all day with dozens of certified indoor cycling instructors with various personalities and styles to fit all rides.

FEATURES

21.5" HD Touch Screen Flips 180°

Multi-adjustable Aero Handlbars

Two Heavy-duty Handlebar-mounted Bottle Holders

Front Wheels for Mobility

32 Levels of Indexing Resistance

Dual-sided SPD compatible Toe Cage Pedals

Competition-style seat

Seat Slide Mounted Dumbbell Holders *Dumbbells sold separately

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WELLNESS APP-COMPATIBLE

MODEL #	ECHEX-7S
POWER REQUIREMENTS	110V or 240V (2 ports; front and rear frame)
INTERNET REQUIREMENTS	Ethernet wired OR WiFi (download speed > 25 Mbits/s; upload > 512 Kbits/s)
ETHERNET CONNECTION PORT	Rear frame
TOUCH SCREEN	21.5" HD touch screen with 180°pivot adjustment
AUDIO FEATURES	User-facing dual speakers; Bluetooth audio; standard 3.5mm audio jack
WORKOUT DATA DISPLAYED	Live Leaderboard, Watts, RPM,MPH, Calories, Distance, Time, Heart Rate, Resistance Level
HEART RATE	Bluetooth telemetry
WATER BOTTLE HOLDERS	2 (Heavy-Duty Comfort Coated Steel)
DUMBBELL HOLDERS	Included (weights sold separately)
ADJUSTABILITY	Quad-Adjustable: Seat up/down Seat fore/aft Handlebars up/down Handlebars fore/aft
PEDALS	Commercial grade SPD clips and toe cage
CRANK	Commercial grade
DRIVE SYSTEM	Kevlar PolyV power drive belt
RESISTANCE SYSTEM	Electronic magnetic Eddy current brake with neodymium rare earth magnets
SAFETY BRAKE	Simple brake lever
FOOTPRINT	37" x 20" (95cm x 51cm)
PRODUCT WEIGHT	124 lbs (56 kg)
USER HEIGHT RANGE	4' 5" – 6' 8" (134cm – 203cm)
MAX USER WEIGHT	300 lbs (136 kg)
WARRANTY	2 years all parts / 2 years labor Home and Commercial up to 6hrs use per day (Extended subscription of 3 years or 5 years includes matching extended parts warranty



From the studio, straight to your home.

Connect via Bluetooth® to any smart phone or tablet

Pro-style Aero handlebars

Dual-sided SPD Compatible Adjustable Toe Cage Pedals

32 Levels of Magnetic Resistance





Transforming workouts into experiences.

Adjustable console that holds your smart device and flips 180° so you can get moving with Echelon on and off the bike.



Live & On-Demand Rides.

Live and On-Demand rides all day with dozens of certified indoor cycling instructors with various personalities and styles to fit all rides.



Cycle to new heights.

Resistance knob lets you adjust tension as needed for a precise ride.

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WELLNESS APP-COMPATIBLE

Simple Installation:

- Plug In to 110V Power
- Connect to WiFi on your smart phone or tablet
- Activate Subscription on member.echelonfit.com

Connect via Bluetooth® to any smart phone or tablet

Pro-Style Aero handlebars

Front Wheels for Mobility

32 Levels of Magnetic Resistance

Dual-sided SPD Compatible Adjustable Toe Cage Pedals

Competition Style Seat

Small Footprint with Wheels



SPECIFICATIONS

MODEL #	ECH-SPORT
MAGNETIC RESISTANCE	1-32 Levels
SEAT ADJUSTABILITY	17" UP/DOWN, 4" FORE/AFT
HANDLEBAR ADJUSTABILITY	8" UP/DOWN
FOOTPRINT	42" x 20.5" (106.7cm x 52.1cm)
UNIT WEIGHT	78lbs (35.4kg)
WARRANTY	1 Year Parts / 1 Year Labor



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